



Hot, Fast, Cheap & Easy!

Chips, Dips 'n' Starters

Chips 'n' Salsa Bar

Enjoy a complimentary bottomless basket of yellow corn tortilla chips with your dine-in meal and visit our one of kind salsa bar with all 9 of our famous fresh salsas: *Traditional Tomato, Black Bean & Corn, Flaming Hot, Asian Cucumber, Wasabi Avocado, Green Tomatillo, Chipotle Tomatillo, Ginger Peach, & Pineapple Jalapeño.*

Queso Dip~3oz \$1.99/8oz \$4.75

Spicy Black Bean Queso Dip~\$4.75

Guacamole~\$4.99

Wings

6 for \$5.99 or 12 for \$9.99

Flavors: Hot, Carolina Reaper, Thai Peanut, Chipotle BBQ and Honey Garlic Wasabi.

Nacho Platters

Make any Nacho into a Totcho by substituting tater tots for tortilla chips~\$1.00

Nacho Daddy~\$7.75 Yellow corn tortilla chips topped with melted Jack & Cheddar, sliced pickled jalapeños, veggie chili OR beans, shredded lettuce, Traditional Tomato salsa, and a side of sour cream.

Cuban Pork Nachos~\$8.75 Yellow corn tortilla chips topped with melted Jack & Cheddar, pulled Cuban pork, roasted red peppers, mild green chiles and banana peppers.

Nacho Carnivore~\$7.99 Yellow corn tortilla chips topped with melted Jack & Cheddar, seasoned ground beef, red onions, diced tomatoes, and a side of sour cream.

Thai Nachos~\$8.75 Yellow corn tortilla chips topped with melted Jack & Cheddar, diced red onions, roasted red peppers, shredded carrots, your choice of Grilled Chicken or Tofu, and our spicy Thai Peanut sauce.

BBQ Chicken Nachos~\$8.75 Yellow corn tortilla chips topped with melted Jack & Cheddar, red onions, diced tomatoes, bacon, Grilled Chicken, and our spicy Chipotle BBQ sauce.

Specialty Burritos~\$8.25 each

Flaming Amy~THE HOTTEST THING ON THE MENU!! Chipotle peppers, fresh jalapeños, mild green chiles, lettuce, cheese, sour cream, rice, beans, Flaming Hot salsa, and your choice of Grilled Filling.

Fajitarito~Grilled green peppers & onions, lettuce, tomato, cheese, guacamole, sour cream, and your choice of Grilled Filling.

Chipotle BBQ~Grilled green peppers & onions, shredded carrots, cheese, rice, beans, our spicy Chipotle BBQ sauce, and choice of Grilled Filling.

Big Jerk~Roasted red peppers, cheese, rice, beans, sour cream, Pineapple Jalapeño salsa, and choice of Jamaican Jerk chicken or tofu.

Thai Mee Up~Roasted red peppers, red onions, shredded carrots, rice, beans, cheese, Thai Peanut sauce, and your choice of Grilled Filling.

Wok on the Beach~Roasted red peppers, shredded carrots, broccoli, mushrooms, rice, beans, cheese, Teriyaki sauce, and your choice of Grilled Filling.

Philly Phatboy~Grilled steak, green peppers & onions, mushrooms, lettuce, diced tomato, sour cream, and cheese.

Tree Hugger~spinach, shredded carrots, rice, beans, cheese, lettuce, Traditional Tomato salsa, and grilled tofu.

Double Bypass~Lettuce, diced tomato, double cheese, double sour cream, and double seasoned ground beef.

Baywatch~Grilled Flounder, shrimp, lettuce, diced tomato, cheese, and our Hasslehoff Jalapeño Tartar sauce.

Bacon Double Cheese Burgerito~Lettuce, diced tomato, red onions, double cheese, bacon, seasoned ground beef, and our Super Secret Special sauce.

Big Fat Greek~Black olives, banana peppers, diced tomatoes, spinach, feta cheese, red onions, lettuce, your choice of grilled filling, and our Balsamic dressing.

Fried Chicken (or Tofu)~Lettuce, diced tomato, red onion, cheese, regular or Buffalo Style Fried Chicken or Fried Tofu and choice of dressing.

Poboy~Regular or Buffalo Style Fried Shrimp or Fried Tofu, cheese, and your choice of lettuce & tomato with Jalapeño Tartar sauce or spicy Sriracha Slaw.

Shrimp Makirito~Cucumbers, carrots, spinach, rice, fried shrimp tossed in Teriyaki sauce, and our Wasabi Avocado salsa.

Avocado Ranch Club~Lettuce, diced tomato, cheese, grilled chicken, bacon, and Avocado Ranch dressing.

The Notorious P.I.G.~ Bacon, chorizo and shredded Cuban pork with cheese, Chipotle BBQ sauce, and our spicy Sriracha Slaw.

Build Your Own

Start with one of these:

Burrito~\$5.25 A warm flour tortilla stuffed with rice, beans, cheese, sour cream and Traditional Tomato salsa. Served with yellow corn tortilla chips on the side.

Quesadilla~\$5.25 A grilled 10" flour tortilla filled with melted cheese. Served with rice, beans, and sour cream on the side.

Big Ol' Bowl~\$5.25 Your choice of beans or veggie chili served over a bed of rice and topped with cheese. Served with a side of sour cream.

Then add one of these:

Fried Fillings~\$2.25 each

Fried Shrimp, Fried Chicken or Fried Tofu (all can be served Regular or Buffalo style).

Grilled Fillings~\$1.99 each

Chicken, Jerk chicken, Fajita Steak, Seasoned Ground Beef, Shredded Cuban Pork, Chorizo, Shrimp, Cajun Flounder, Tofu, Jerk Tofu, Portobellos.

and maybe a couple of these "Goodies"~75 cents each:

Bacon, Banana Peppers, Broccoli, Carrots, Chipotle Peppers, Corn, Cucumbers, Green Peppers & Onions, Roasted Garlic, Guacamole, Jalapeños (fresh or pickled) Lettuce, Mild Green Chillies, Roasted Red Peppers, Mushrooms, Pineapple, Red Onions, Spinach, Diced Tomatoes, Extra Sour Cream, Extra Cheese.

or DOUBLEWIDE IT!~\$2.99

add

One Grilled Filling and Two "Goodies" **or** One Fried Filling and One "Goodie" **or** Two Grilled Fillings **or** Four "Goodies".

Tacos

Tacos Platters~Soft shell tacos served with your choice of Grilled Filling, lettuce, tomato, cheese, rice, beans, and a side of sour cream.

1 taco platter \$4.99

2 taco platter \$6.99

3 taco platter \$8.75

Salads~\$7.75 each

Taco Salad~A crispy flour tortilla shell filled with lettuce, veggie chili, a Grilled Filling, pickled jalapeños, diced tomato, cheese and choice of dressing on the side.

Crunchy Fried Salad~Lettuce, diced tomato, red onions, cukes, carrots and fried shrimp, fried chicken or fried tofu. Then topped with cheese and tri-colored tortilla strips. Choice of dressing served on the side.

Thai Peanut Salad~Lettuce, roasted red peppers, red onions, carrots, jack & cheddar cheese, and your choice of Grilled Filling topped with tri-colored tortilla strips. Thai Peanut sauce on the side.

Big Fat Greek Salad~Lettuce, black olives, banana peppers, diced tomatoes, red onions, and your choice of Grilled Filling topped with crumbled feta cheese. Greek Balsamic dressing on the side.

Jamaican Jerk Salad~Lettuce, roasted red peppers, dried banana chips, grilled pineapple, and your choice of Jerk Chicken or Jerk Tofu, topped with jack & cheddar cheese. Pineapple Jalapeño salsa on the side.

Dressings: Balsamic Vinaigrette, Chipotle Honey Mustard, Avocado Ranch, Southwest Ranch.

Sweets 'n' Desserts

Bananas Elvis~\$5.99 A banana, peanut butter and chocolate chips rolled in a flour tortilla then deep fried 'til crispy. Served with vanilla Ice Cream, chocolate syrup, and honey.

Specialty Desserts from Coastal Cupcakes~\$2.75 Ask your server for details.

Root Beer Float~\$4.00 Made with IBC bottled root beer.

Beverages

Soft Drinks & Iced Tea~\$1.99. Free refills!

Pepsi

Dr. Pepper

Sierra Mist

Diet Pepsi

Mountain Dew

Pink Lemonade

IBC Root Beer & FAB bottled water \$1.99 each.

Please also visit...

Flaming Amys Burrito Barn
4002 Oleander Dr. Wilmington, NC
(910) 799-2919

and



(Build your own, all you can eat stir fry)

Flaming Amy's Bowl
4418 Shipyard Blvd. Wilmington, NC
(910) 399-7288

Flaming Amy's Bowl
3224-A North College Rd. Wilmington, NC
(910) 769-9249

www.flamingamysbowl.com

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catering menu are also available.

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